

Gloucestershire Personalised Proactive Care Ambitions - Training and Education Framework

Personalised Care means people have choice and control over the way their care is planned and delivered. It is based on what matters to them and their individual strengths and needs (NHS England 2018)

Level 1: Core Capabilities

[Personalised Care Institute -Youtube](#)

[What matters to you? Podcast](#)

[SWIPC Enabling Better Conversations 2x2 hour workshop](#)

Please visit the [PERSONALISED CARE INSTITUTE](#) for a wide range of resources and training supporting health and social care colleagues to deliver personalised care to our public.

Training levels recommended: [The personalised care curriculum](#)

Level 1: Core Capabilities: Capabilities to engage people

Level 2: Models & Approaches: Capabilities to enable and support people

Level 3: [The Six Components of Personalised Care](#)

As stated in the personalised care curriculum, the following Primary Healthcare roles are required to complete training accredited through the Personalised Care Institute. These are *Health & Wellbeing Coaches, Social Prescribers* and *Care Coordinators*.

In order to meet the NHS Longterm plan ambitions, personalised Care skills are recommended for all health and social care colleagues.

Resources

[NHS Longterm Plan](#)

[Comprehensive Model for Personalised Care](#)

[What Matters to Me: Orange folder](#)

Level 2: Models and Approaches

[What is Personalised Care?](#)

Health Coaching

[Motivational Interviewing](#)

Models and Approaches Training (Accredited with PCI/Available as at March 2023)

For all colleagues as appropriate to role: **(docs and links to be uploaded to webpage)**

- Better Conversations Training, delivering Personalised Care: 5 x half days for all Health & Social Care colleagues: (Ice Creates)
- Personalised Conversation (Skills Level 1): 15 Hours/ 4 half days: (SWIPC)
- Personalised Care and Health Coaching (Skills Level 2): 15 Hours/4 half days: (SWIPC)
- Motivational Interviewing (MI): 1 Day virtual: (Et al Training)

Additional Health Coaching Training available for Primary Care staff: [Gloucestershire Primary Care Training Hub](#)

Personalised Care Resources and Training for Specific Conditions

[Personalised Care and Longterm Conditions](#)

[The Prehabilitation, Rehabilitation and Personalised Care \(PROsPer\)](#)

[elearning Programme for Cancer Care](#)

[Personalised Care in tackling health inequalities: Podcast](#)

[Personalised Care and Long Covid; Podcast](#)

[Personalised Care and Dementia: 5 Step approach for Gloucestershire](#)

Level 3: The Six Components

[Shared Decision-making Guide](#)

[e-Ifh Shared Decision-making module](#)

Positive Risk-taking (Under development with UOG)

Additional training may be available within organisations

- GPs/Primary Care: [Personalised Care in Primary Care](#)
- Gloucestershire County Council: [Proud to Learn](#) 01452 324306
- Gloucestershire Health & Care Foundation Trust: Email [Professional Education](#)
- Gloucestershire Hospitals Foundation Trust: Email [Professional Education](#)
- Gloucestershire Care Homes: [Proud to Learn](#) 01452 324306
- [Working for a Healthier Gloucestershire: VCSE Alliance](#)

Frameworks for Related Conditions

(to be uploaded to ICS webpage)

[Dementia](#)

End of Life Care

Frailty

[Core Competences \(S4H\)](#)

Carer Aware

This document was prepared by *OneGloucestershire* on behalf of colleagues working across the County to provide personalised care for and with our population. *March 2023*